

The Works of Milton Erickson

Table of Contents:

<u>Article Title:</u>	<u>Page:</u>
Initial Experiments Investigating the Nature of Hypnosis	1
Further Experimental Investigation of Hypnosis: Hypnotic and Nonhypnotic Realities	15
A Special Inquiry with Aldous Huxley into the Nature and Character of Various States of Consciousness	76
Autohypnotic Experiences of Milton H. Erickson	99
Historical Note on the Hand Levitation and Other Ideomotor Techniques	124
Deep Hypnosis and Its Induction	128
Naturalistic Techniques of Hypnosis	155
Further Clinical Techniques of Hypnosis: Utilization Techniques	165
Transcript of a Trance Induction With Commentary	192
The Confusion Technique in Hypnosis	242
The Dynamics of Visualization, Levitation and Confusion in Trance Induction	275
Another Example of Confusion in Trance Induction	279
An Hypnotic Technique for Resistant Patients: the Patient, the Technique, and its Rationale and Field Experiments	280
Pantomime Techniques in Hypnosis and the Implications	311
The "Surprise" and "My-Friend-John" Techniques of Hypnosis: Minimal Cues and Natural Field Experimentation	319
Respiratory Rhythm in Trance Induction: The Role of Minimal Sensory Cues in Normal and Trance Behavior	338
Indirect Induction of Trance: Simulation and the Role of Indirect Suggestion and Minimal Cues	343
Notes on Minimal Cues in Vocal Dynamics and Memory	350
Concerning the Nature and Character of Posthypnotic Behavior	355
Varieties of Double Bind	385
Two-Level Communication and the Microdynamics of Trance and Suggestion	403
Indirect Forms of Suggestion	423

Possible Detrimental Effects Of Experimental Hypnosis	449
An Experimental Investigation of the Possible Antisocial Use of Hypnosis	454
An Instance of Potentially Harmful Misinterpretation of Hypnosis	485
Stage Hypnotist Back Syndrome	487
Editorial, The American Journal of Clinical Hypnosis, July, 1964	489
Editorial, The American Journal of Clinical Hypnosis, July, 1965	493
Hypnotic Induction of Hallucinatory Color Vision Followed by Pseudonegative Afterimages	496
Discussion: Critical Comments on Hibler's Presentation of His Work on Negative Afterimages of Hypnotically Induced Hallucinated Colors	502
Induction of Color Blindness by a Technique of Hypnotic Suggestion	509
An Experimental Investigation of the Hypnotic Subject's Apparent Ability to Become Unaware of Stimuli	524
The Development of an Acute Limited Obsessional Hysterical State in a Normal Hypnotic Subject	543
Observations Concerning Alterations in Hypnosis of Visual Perceptions	559
Further Observations on Hypnotic Alteration of Visual Perception	564
An Investigation of Optokinetic Nystagmus	566
Acquired Control of Pupillary Responses	569
A Study of Clinical and Experimental Findings on Hypnotic Deafness: I. Clinical Experimentation and Findings	572
A Study of Clinical and Experimental Findings on Hypnotic Deafness: II. Experimental Findings with a Conditioned Response Technique	590
Chemo-Anaesthesia in Relation to Hearing and Memory	603
A Field Investigation by Hypnosis of Sound Loci Importance in Human Behavior	610
Hypnotic Investigation of Psychosomatic Phenomena: Psychosomatic Interrelationships Studied by Experimental Hypnosis	630
Hypnotic Investigation of Psychosomatic Phenomena: The Development of Aphasia-like Reactions from Hypnotically Induced Amnesias	643
Hypnotic Investigation of Psychosomatic Phenomena: A Controlled Experimental Use of Hypnotic Regression in the Therapy of an Acquired Food Intolerance	655
Experimentally Elicited Salivary and Related Responses to Hypnotic Visual Hallucinations Confirmed by Personality Reactions	661

Control of Physiological Functions by Hypnosis	665
Hypnotic Alteration of Blood Flow: An Experiment Comparing Waking and Hypnotic Responsiveness	678
A Clinical Experimental Approach to Psychogenic Infertility	681
Breast Development Possibly Influenced by Hypnosis: Two Instances and the Psychotherapeutic Results	687
Psychogenic Alteration of Menstrual Functioning: Three Instances	691
Appearance in Three Generations of an Atypical Pattern of the Sneezing Reflex	697
An Addendum to a Report of the Appearance in Three Generations of an Atypical Pattern of the Sneezing Reflex	701
Time Distortion in Hypnosis: I	703
Time Distortion in Hypnosis: II	713
Special Discussion of Psychological and Psychiatric Implications	743
Clinical and Therapeutic Applications of Time Distortion	748
Further Considerations of Time Distortion: Subjective Time Condensation as Distinct from Time Expansion	773
Clinical and Experimental Trance: Hypnotic Training and Time Required for their Development	781
Laboratory and Clinical Hypnosis: The Same or Different Phenomena?	787
Explorations in Hypnosis Research	793
Expectancy and Minimal Sensory Cues in Hypnosis	815
Basic Psychological Problems in Hypnotic Research	817
Experience of Interviewing in the Presence of Observers	827
A Brief Survey of Hypnotism	830
Hypnosis: A General Review	838
Hypnotism	846
The Basis of Hypnosis: Panel Discussion on Hypnosis	851
The Investigation of a Specific Amnesia	858
Clinical and Experimental Observations on Hypnotic Amnesia: Introduction to an Unpublished Paper	865
The Problem of Amnesia in Waking and Hypnotic States	870

Varieties of Hypnotic Amnesia	882
Literalness: An Experimental Study	900
Literalness and the Use of Trance in Neurosis	907
Age Regression: Two Unpublished Fragments of a Student's Study	909
Past Weekday Determination in Hypnotic and Waking States	916
On the Possible Occurrence of a Dream in an Eight-Month-Old Infant	923
The Successful Treatment of a Case of Acute Hysterical Depression by a Return Under Hypnosis to a Critical Phase of Childhood	925
The Experimental Demonstration of Unconscious Mentation by Automatic Writing	943
The Use of Automatic Drawing in the Interpretation and Relief of a State of Acute Obsessional Depression	956
Translation of the Cryptic Automatic Writing of One Hypnotic Subject By Another in a Trancelike Dissociated State	972
Experimental Demonstrations of the Psychopathology of Everyday Life	983
Demonstration of Mental Mechanisms by Hypnosis	994
Unconscious Mental Activity in Hypnosis—Psychoanalytic Implications	998
Negation or Reversal of Legal Testimony	1011
Permanent Relief of an Obsessional Phobia By Means of Communications With an Unsuspected Dual Personality	1018
The Clinical Discovery of a Dual Personality	1046
Findings on the Nature of the Personality Structures in Two Different Dual Personalities By Means of Projective and Psychometric Tests	1055
A Clinical Note on a Word-Association Test	1071
Study of Hypnotically Induced Complexes By Means of the Luria Technique	1073
A Study of an Experimental Neurosis Hypnotically Induced in a Case of Ejaculatio Praecox	1098
The Method Employed to Formulate a Complex Story for the Induction of an Experimental Neurosis in a Hypnotic Subject	1112
Applications of Hypnosis to Psychiatry	1134
Hypnosis in Medicine	1144
Hypnotic Techniques for the Therapy of Acute Psychiatric Disturbances in War	1156

Hypnotic Psychotherapy	1162
Hypnosis in General Practice	1174
Hypnosis: Its Renaissance as a Treatment Modality	1177
Hypnotic Approaches to Therapy	1198
Clinical Note on Indirect Hypnotic Therapy	1217
The Hypnotic and Hypnotherapeutic Investigation and Determination of Symptom Function	1221
Experimental Hypnotherapy in Tourette's Disease	1240
Hypnotherapy: The Patients Right to Both Success and Failure	1248
Successful Hypnotherapy that Failed	1252
Special Techniques of Brief Hypnotherapy	1256
Pediatric Hypnotherapy	1279
Utilization of Patient Behavior in the Hypnotherapy of Obesity: Three Case Reports	1286
Hypnosis and Examination Panics	1293
Experiential Knowledge of Hypnotic Phenomena Employed for Hypnotherapy	1296
Burden of Responsibility in Effective Psychotherapy	1309
Use of Symptoms as an Integral Part of Hypnotherapy	1314
Hypnosis in Obstetrics: Utilizing Experiential Learnings	1325
A Therapeutic Double Bind Utilizing Resistance	1330
Utilizing the Patient's Own Personality and Ideas: "Doing It His Own Way"	1333
Introduction to the Study and Application of Hypnosis for Pain Control	1335
Therapy of a Psychosomatic Headache	1343
Migraine Headache in a Resistant Patient	1349
Hypnosis in Painful Terminal Illness	1352
Interspersal Hypnotic Technique for Symptom Correction and Pain Control	1359
Hypnotic Training for Transforming the Experience of Chronic Pain	1374
Hypnotically Oriented Psychotherapy in Organic Brain Damage	1376
Hypnotically Oriented Psychotherapy in Organic Brain Disease: An Addendum	1402

Application of Implications of Lashley's Researches in a Circumscribed Arteriosclerotic Brain Condition	1405
Experimental Hypnotherapy in a Speech Problem: A Case Report	1407
Provocation as a Means of Motivating Recovery from a Cerebrovascular Accident	1410
Hypnotherapy with a Psychotic	1416
Symptom Prescription for Expanding the Psychotic's World View	1419
Posthypnotic Suggestion for Ejaculatio Praecox	1422
Psychotherapy Achieved by a Reversal of the Neurotic Processes in a Case of Ejaculatio Praecox	1426
Modesty: An Authoritarian Approach Permitting Reconditioning Via Fantasy	1433
Sterility: A Therapeutic Reorientation to Sexual Satisfaction	1442
The Abortion Issue: Facilitating Unconscious Dynamics Permitting Real Choice	1445
Impotence: Facilitating Unconscious Reconditioning	1449
Latent Homosexuality: Identity Exploration in Hypnosis	1457
Vasectomy: A Detailed Illustration of a Therapeutic Reorientation	1460
Pseudo-Orientation in Time as a Hypnotherapeutic Procedure	1465
Facilitating Objective Thinking and New Frames of Reference with Pseudo-Orientation in Time	1489
Self-Exploration in the Hypnotic State	1492
Self-Exploration in Trance Following a Surprise Handshake Induction	1501
Reorganization of Unconscious Thinking without Conscious Awareness: Two Cases with Intellectualized Resistance against Hypnosis	1503
Psychological Shocks and Creative Moments in Psychotherapy	1507
Facilitating a New Cosmetic Frame of Reference	1524
The Ugly Duckling: Transforming the Self-Image	1528
A Shocking Breakout of a Mother Domination	1533
Shock and Surprise Facilitating a New Self-Image	1538
Correcting an Inferiority Complex	1547
The Hypnotherapy of Two Psychosomatic Dental Problems	1554
The Identification of a Secure Reality	1561

The Hypnotic Corrective Emotional Experience	1569
Psychological Significance of Physical Restraint to Mental Patients	1577
Book Review	1582
Concerning Present Inadequacies in the Legal Recognition and Handling of the Mentally Ill	1587
A Teaching Program for Commissioned Reserve Medical Officers	1595
Hypnotism	1600
Early Recognition of Mental Disease	1605
Criminality in a Group of Male Psychiatric Patients	1619
Problem of the Definition and the Dynamic Values of Psychiatric Concepts	1632
“Arrested” Mental Development	1645
Psychological Factors Involved in the Placement of the Mental Patient on Visit and Family Care	1649
Opportunities for Psychological Research in Mental Hospitals	1657
The Concomitance of Organic and Psychologic Changes During Marked Improvement in Schizophrenia: A Case Analysis	1664
Cooperative Research in Schizophrenia	1679
Grading of Patients in Mental Hospitals as a Therapeutic Measure	1695
Evolutionary Factors in a Psychosis*	1701
Some Aspects of Abandonment, Feeble-mindedness, and Crime	1707
An Interpretation of a Case of Biological Deviation	1717
Marriage and Propagation Among Criminals	1724
Study of the Relationship Between Intelligence and Crime	1732
Appendix of Tables	1758
Bibliography	1770
Milton H. Erickson, M.D., September 1962 (Induction Techniques)	1775
Critical Evaluations: The Inhumanity of Ordinary People	1778